

Villarreal Kit List

- Be sensible with the amount you bring **it is only 5 days!**
- Take into account the baggage allowances for the flights,
- You are also allowed **ONE** bag of hand luggage

Must bring:

- 8 pairs of underwear,
- 5 pairs football socks
- 5 normal socks
- At least 3 pairs of football shorts,
- At least 5 t-shirts in which you can play football,
- 2 pairs of trackies,
- Casual wear for evenings – jeans, jumper, shirt maybe?
- Favourite football shirt of your team,
- Girls – no vest tops to play football in – must have sleeves!
- Swim shorts / costume,
- Trainers / comfortable shoes,
- Football boots (clean) – Astro or Moulded NOT metal studs! Bring these in a spare boot bag that you can put them back into each day.

Accessories:

- Sun cream SPF 30 at least,
- Sun Hat,
- Sunglasses,
- A pair of shin-pads,
- A named water bottle
- Towel,
- Toiletries,
- Money in a secure wallet (Pounds and Euros)

If you wish you can bring:

- Electrical items (Phones, iPods, Cameras etc.) - these are your own responsibility,
- Any relevant medication - let us know that you have it and fill in the relevant form – it is normal procedure that staff must have the medication as well as the student (i.e. inhaler, epipen, prescribed medicines)

If you need medication / any liquids – they must be in a small see through plastic bag self-seal – no more than 100ml of liquid. Store other liquids in your checked in luggage.