



# Fulford School

Fulfordgate, Heslington Lane, Fulford, York. YO10 4FY

T : 01904 633300 E: [office@fulford.york.sch.uk](mailto:office@fulford.york.sch.uk) W: [www.fulford.york.sch.uk](http://www.fulford.york.sch.uk)

May 2018

Dear Parent/Carer,

With the trip less than 1 week away I writing to you with final information.

If you do wish to supply any medication for your child can you please hand it in to the main office before Monday 21st May along with spending money. I also need any spare inhalers if required. **Please can all EHIC cards be sent into the school office no later than Fri 18<sup>th</sup> May.**

I hope you all agree with me that £100 is enough for spending money (remember it must be in euros!) as well as some English currency for the trip down to France and on the way back home through England. We will collect all monies and EHIC cards and keep them in named envelopes along with your child's group passport.

For the trip down your child **must** take a pillow and their sleeping bag onto the coach along with their wash bag for use on the journey, a substantial packed lunch is also required and any money. Please do not send your child with fizzy pop or energy drinks. It will be a long journey and there will be a number of service station stops along the way however, these are expensive and there is nothing like home cooking!

Please could you ensure your child's luggage is clearly labelled, (**No suitcases if possible**) the centre/accommodation is Mimosa/Segres and the resort is the Ardeche and attach it to your child's bag.

The students can also bring DVDs (aged 12 and below) or CDs. Could I please ask that all DVD/CDs are labelled with your child's name.

I will also be tweeting whilst I am out there with what activities the students are involved in to @fulfordschoolpe, so please have a look throughout the week. I will send a text on arrival to centre and throughout the trip and on our return journey with an approximate time arrival time.

The t shirts and hoodies will be given out on the morning before we leave for a quick change in the changing rooms. Please remember jeans are not a good idea for traveling in as they will become uncomfortable throughout the journey.

Everything is now in place for a successful and enjoyable trip. If you have any queries please do not hesitate to contact me at school.

Finally please remember to drop your child off at 7am prompt for a 7.30am departure. Please do not arrive any earlier than 7 to lessen the disruption to the residents of Fulfordgate and to myself whilst I am preparing for departure.

The emergency phone number and point of contact for the trip is: **07936548785**

Thank you in anticipation for your cooperation.

Yours sincerely,

Mrs S A Jagger



# Fulford School

Fulfordgate, Heslington Lane, Fulford, York. YO10 4FY

T : 01904 633300 E: [office@fulford.york.sch.uk](mailto:office@fulford.york.sch.uk) W: [www.fulford.york.sch.uk](http://www.fulford.york.sch.uk)

## Ardeche 2018 Kit List

- Sleeping Bag
- Pillow
- Casual, comfortable clothing for journey - tracksuit bottoms, leggings.
- Gaiters or waterproof/windproof top
- Woollen Jumper/Sweatshirt/Fleece
- Track suit
- Trousers or knee length shorts for sessions please that dry quick- no short shorts (i.e. no hot pant style!)
- Shirts/T-shirts – please note that you will be required to wear a t-shirt with sleeves (not vest tops) while on activities
- Long sleeved lightweight t-shirt
- Socks and underwear
- Footwear: One old pair of plimsolls/trainers/ water shoes for water sports and activities (not Crocs, flip flops, jelly shoes or wellies). Closed-toed footwear is *essential* on all activities
- Swimming shorts (with liner), trunks or swimming costume
- Toiletries
- 2 Towels: BATH & BEACH
- Water resistant suntan lotion/sun block no less than factor 30, protective lip salve, sun hat and insect repellent
- Torch
- Disposable cameras are advisable
- Small rucksack/easy to carry shoulder bag
- Woolly hat
- Plastic bag/bin liner to store wet/dirty clothes
- Flip flops for walking to the beach and on the campsite (not on activities)

Remember we are going to get wet and hang clothes out to dry so try and label items. You will be wearing t shirts etc. in the water so don't bring anything expensive.

Please place in a hold all. To go under the coach.

Pillows and sleeping bags will go on the coach along with your pack up and money.

No phones or valuable items.