

Dear Parent/Carer,

Advanced Cycle Training – Bikeability Level 3

Your child has the opportunity to take part in City of York Council Advanced Cyclist Training, Bikeability Level 3 at school. The training will take place during school time in a single 2 hour session and is delivered by professional trainers qualified to the Bikeability National Standards. Level 3 training is a progression from Level 2 and takes in more complex roads and junctions to help prepare trainees to cycle independently.

If your child has not taken their Bikeability Level 2 and they wish to do so this can be booked prior to taking the Level 3. The Level 2 training would be on a maximum ratio of 2:1 for a single 2 hour session. Further information on the Bikeability Levels can be found at www.bikeability.dft.gov.uk

Trainees will wear a high visibility top for the duration of the training session. The wearing of cycle helmets is discretionary and is left to the decision of parents/carers or the school policy, if you wish your child to wear a cycle helmet during the training, please ensure they bring the helmet to school and tick the box on the consent form so the trainers are aware of this.

To take part in the training your child will need a road worthy bike that is the correct height for them. A basic maintenance check is carried out on each child's bike before training commences, if the trainer deems the bike to be unroadworthy they will not allow your child to take part in the training.

Appropriate clothing for the weather and time of year should be worn for the training.

In case of adverse weather the trainers will make a decision on the morning of the training as to whether it is safe for the training to go ahead. If the trainers deem it unsafe to train, due to weather or road conditions, the session will be postponed and will be rearranged at the earliest opportunity. Your child will be informed of the rearranged date from the school. All effort will be made to run the training on the arranged date but the safety and welfare of students will be taken into account and on rare occasions' the decision may be made to postpone the training at very short notice.

Bikeability training is provided free of charge. However if a place is booked but the child fails to take up their allocated place without good reason, the full cost of the training will be charged to the parent/carers via the

If you wish your child to take part in the training please complete the consent form and return to the school.

The school will advise the dates of training. Please sign and return the consent form to the school office. No child will be allowed to take part in the training unless a signed consent form is received.

If you are interested in further information on cycle training offered by City of York Council, please ring the Lynne Thomas in the Road Safety team 01904 555579 or e-mail cycle.training@york.gov.uk



Parent/carer Consent Form

City of York Council Bikeability Training

PLEASE READ AND SIGN THE FOLLOWING DECLARATION AND RETURN THIS FORM TO THE SCHOOL OFFICE

I have read and understood the letter to parents/carers. I will check my child's cycle prior to the first session to ensure that it is roadworthy and of the correct height.

I understand that my child will be trained on public roads, will wear a high visibility tabard during the training and they will be supervised at all times.

I understand CYC leaves the decision about wearing cycle helmets to the school policy or the parent/carer.

Please see websites www.bhit.org, www.bhsi.org or www.cyclehelmets.org for further information.

Please tick the appropriate boxes to indicate the level of training required:

I would like my child to take part in Level 3 training

I would like my child to take part in Level 2 and Level 3 training

I wish my child to wear a cycle helmet whilst training

I understand if my child fails to take up their allocated training place without a valid reason I will be charged the full cost of the training session.

Child's name: _____ Date of Birth: _____

Home address: _____

School: _____

Emergency contact: _____ Relationship to trainee: _____

Daytime telephone number: _____ email: _____

If your child has a condition, medical/behaviour/learning, that the trainers should be aware of please state below.

Signed _____ Date _____

All information is treated with confidence and held in compliance with the Data Protection Act 1998.

