

Dear Parent/Carer,

### **Advanced Cycle Training – Bikeability Level 3**

Your child has the opportunity to take part in City of York Council Advanced Cyclist Training, Bikeability Level 3 at school. The training will take place during school time in a single 2 hour session and is delivered by professional trainers qualified to the Bikeability National Standards. The ratio of students to trainers will be 1:1 or 2:1. Your child will be trained on roads near to the school and where possible will include the planning and riding of the safest route between home and school. The cost of Level 3 training is £8.50.

If your child has not taken their Bikeability Level 2 and wishes to do so this can be booked for a charge of £17.00, they can then take Level 3 once the Level 2 outcomes have been met. The Level 2 training would be on a 1:1 basis for a single 2 hour session. (Please note payment will be required for both the Level 2 & 3 training). Further information on the Bikeability Levels can be found at [www.bikeability.dft.gov.uk](http://www.bikeability.dft.gov.uk)

If you qualify for free school meals training will be provided free of charge.

Wherever possible, the instructor will be of the same gender as your child. If this is important to you, please state on the consent form. Trainees will wear a high visibility top for the duration of the training session. The wearing of cycle helmets is discretionary and is left to the decision of parents/carers or the school policy.

To take part in the training your child will need a road worthy bike with two working brakes that is the correct height for your child. A basic maintenance check is carried out on each child's bike before training commences, if the trainer deems the bike to be un-roadworthy they will not allow your child to take part in the training and no refund will be given.

If you wish your child to take part in the training please complete the consent form and return to the school, with the correct payment. The name of your child should be clearly indicated on the reverse of a cheque or method of payment.

Appropriate clothing for the weather should be worn for the training.

If you are interested in further information on cycle training offered by City of York Council, please ring the Road Safety team 01904 555579 or e-mail [cycle.training@york.gov.uk](mailto:cycle.training@york.gov.uk)

**The school will advise the dates of training. Please sign and return the consent form to the school. No child will be allowed to take part in the training unless a signed consent form is received.**

**Parent/carers Consent Form**





## City of York Council Bikeability Training

**PLEASE READ AND SIGN THE FOLLOWING DECLARATION AND RETURN THIS FORM TO YOUR CHILD'S SCHOOL**

I have read and understood the letter to parents/carers. I will check my child's cycle prior to the first session to ensure that it is roadworthy and of the correct height.

I understand that my child will be trained on public roads, will wear a high visibility tabard during the training and they will be supervised at all times.

I understand CYC leaves the decision about wearing cycle helmets to the school policy or the parent/carer.

Please see websites [www.bhit.org](http://www.bhit.org), [www.bhsi.org](http://www.bhsi.org) or [www.cyclehelmets.org](http://www.cyclehelmets.org) for further information.

**Cheques should be made payable to the school and include your child's name of the reverse.** Please tick the appropriate boxes:

I would like my child to take part in Level 3 training and enclose payment of £8.50

I would like my child to take part in Level 2 training and enclose payment of £17.00

I am in receipt of free school meals and qualify for free Bikeability training

I would like my son/daughter to be trained by the same gender instructor

Child's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home address: \_\_\_\_\_

School: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Relationship to trainee: \_\_\_\_\_

Daytime telephone number: \_\_\_\_\_

If your child has a condition, medical/behaviour/learning, that the trainers should be aware of please state below.

\_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

All information is treated with confidence and held in compliance with the Data Protection Act 1998.

